

Susanna Bellini's Shamanic Energy Healing Newsletter

April 2010

Dear Everyone,

Spring is here, the daffodils are dipping their golden heads in the breeze and our corner of the world is looking fresh and bright - in between the many varieties of rain we are experiencing!



Inner and outer spring cleaning is helped by everything from light mist through to torrential downpours – it's a great time to work with the weather and let yourself be washed clean of all that no longer serves the true light of your spiritual being.

When the sun comes out again, move with the spirit of spring-time: awaken your hopes and dreams from winter sleep and move into action. This is the time to stretch yourself, become fit and supple inside and outside, unfold your wings and fly!

Whatever is happening in your life, whether good, bad or indifferent, is just how it is right now and one thing is certain – it will change. Where you have a choice is in how you choose to meet your challenges: how, and who, you choose to be in 2010.

Let's take positive action to help others improve their prospects

Bronze Dragon ~ Resourceful Change are here to support and empower your process through training, coaching, mentoring and, where needed, therapy. Over the years I have evolved a balance which satisfies my ethical values, need to earn a living and need to take care of my health and life balance. It's very simple:

I have invested and continue to invest a lot of time, energy, money and sheer dedicated work into developing highly effective ways of teaching spiritual / shamanic / energy skills in practical, down-to-earth ways that actually work and create tangible results. I don't believe in holding back on mysteries and skills or piecing them out bit-by-bit; I do believe in helping each person to evolve ecologically into his or her most amazing, magical and joyous self. This is my work, for which I charge course fees.

By my own choice (rather than on demand) I donate time and resources to voluntary projects, shamanic work and services. I do not co-create, endorse or support "victim" or "poverty" thinking and all our short courses and practitioner trainings incorporate ways of moving to more positive, resourceful and empowering states of being.

Nevertheless, not everyone can afford the fees for the training that would deliver the skills and resources that would be of most benefit for themselves and their life path. We have a solution for this, and it's time to promote it more

vigorously:

I have always offered distance healing (through Reiki, shamanic journeying, crystal healing, spiritual healing, shamanic dreaming etc) without charge. This is available to anyone on request and from now on, I would urge anyone who requests distance healing for themselves, loved ones or for any situation or other matter, to send a financial donation to our Student Fund in return. We have set up a button for [donations](#) on our [online booking form](#) – simply enter the amount you wish to donate and your credit card details. *Please note that credit card payments are subject to fees, so it is not worth sending less than £10 this way, as most of it would all go in fees.* If you would prefer to give cash or send a cheque, contact us.

Of course if you don't need healing and simply wish to donate to our student fund through sheer generosity of spirit, do go ahead, everything helps and all monies (apart from bank or credit card agency fees) go straight to the student fund and make it possible for those who cannot afford to pay the full fees to get assistance to fund their training. As a private training organisation we do not benefit from government funding or grants to subsidise students, but I will match any money in the student fund from my own income to support suitable applicants.

Requests for healing and assistance with funding for courses

If you are a member of our online Reiki_share group, you can post healing requests there as always. Otherwise anyone may send a healing request via email to info@bronze-dragon.com, including the name and location of the person / situation and any relevant detail and I will work with this. I am no longer able to engage in email or phone discussions or advice about healing, but you will receive a brief acknowledgement within 7 working days and I will email any specific feedback or guidance that arises. (If you don't receive an email acknowledgement, send your request again, as your email has probably been lost in cyberspace).

If you wish to apply for a course and are short of funds – email in the first instance with details of the training you want to do, how much you can afford to pay and why you need financial assistance. (Be fair – we've had requests for reductions in course fees from people who describe themselves as having no income and they later turn out to be a "person of leisure" who turns up in expensive clothes driving an expensive car!)

Course news in brief:

We've added new course dates in York and Thirsk up to end of June and I've also started to add a few more dates to the autumn programme. Check our [course dates](#) and [book here](#).

After a couple of years away, we are looking forward to returning to **Brighton** this summer to teach a special [NLP Practitioner training](#) from **10 to 16 July**. This course is especially suited to therapists and energy workers – whether you are interested in these areas, moving into working for yourself or already

in business as a practitioner.

We have use of a relaxing, spacious venue in the city centre, which is an oasis of calm in the heart of vibrant Brighton, and I'll be there a guest trainer for this course only! You can [book our Brighton NLP energy practitioner training here](#).

(And if any of you know of inexpensive self-catering accommodation we could rent in Brighton or Hove during July, or longer during the summer, please get in contact!)

Our 7-day accelerated [Shamanic Energy practitioner](#) runs from 10 to 16 May and is the only time I am running this training this year – [book here](#). This is the training most like my original [Shamanix](#) training, including the full range of shamanic skills for working as a general shamanic practitioner. (See our two practitioner courses in the autumn for training focused on more specific areas of shamanic work). I promise you, this course will be amazing, relaxing, fun and will stretch you and develop you – whatever level of experience you bring with you. I can make this claim with confidence because the unique way I teach and the small group size means that each individual gets plenty of personal attention and mentoring.

Online courses and a competition!

Our new 4 week online courses are still in progress and everyone seems to be doing well and enjoying themselves. I'll be asking current participants for their feedback and suggestions and will let you know the results – I'm especially keen to know how the 4-week format has worked for them, as it's a short time for a lot of material!

Our online courses are experiential rather than academic, as are our live trainings, and aim to teach practical skills, rather than theory and background. The course fee includes individual, personal feedback and mentoring from the course trainer and designer (mostly myself for the current programme).

One thing I can say – I have really enjoyed teaching more unusual subjects online and I am filled with ideas for new courses to develop for the autumn programme. This is your chance to get involved and win a free place on the course of your choice:

All you need to do to enter is to suggest an online course subject you would like to learn and send this with your name and email address. The subject can be anything you want, as wild or advanced as you like. You can give me a course title on its own, or you can add specific details of the skills you'd like to learn related to that subject.

If I choose to add your course to our programme, the prize is that you will win a place on the course (or any of our other online courses), which you can take up any time within the following 12 months. (The value of this prize is currently a maximum of £210 which is the course fee for our 8 week programmes).

Meanwhile **our next 4 week and 8 week online course programme starts**


on 4 May, after the Easter and May Bank holidays and you can [book here](#).

Good news – Savings on professional liability insurance rates for Bronze Dragon / Resourceful Change students:

Finally some great news for all our current and past students – we are just completing arrangements for you to receive special cheaper rates for professional and public liability insurance if you have trained with Bronze Dragon or Resourceful Change. This is excellent cover and likely to be cheaper than anything you'll find elsewhere. Full details will be in our next newsletter, meanwhile if you are starting out as a practitioner, or if it is time to renew your insurance, email us for the details.

Wishing you happy holidays,

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Up-coming training and special events:

Dates	Course
April	
18 Apr	Reiki I
19-25 April	Crystal Healing Certificate
May	
1 May	Reiki I
2 May	Reiki II
8 May	Reiki II
4 May	Pendulum Power (online course)
4 May	Divining the Landscape (online course)
4 May	Shamanic Crystal Divination (online course)
4 May	Time Doorways and Inter-dimensional Portals (online course)
4 May	Crystal Healing (online course)
4 May	Practical Shamanism (online course)
4 May	Shamanic Dreaming (online course)
4 May	Tarot Magick (online course)
10-16 May	Shamanic Healing Practitioner
June	
5-6 June	Shamanic Energy Weekend
19-20 June	Crystal Healing and Colour Harmony
Sept	

11-12 Sept	Shamanic Energy Weekend
18-24 Sept	Shamanic Dreaming Practitioner
Oct	
4-10 Oct	Shamanix Master Practitioner
30 Oct-5 Nov	Shamanic Soul Healing Practitioner

How to book your place

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Susanna's Blog:

Susanna Bellini's blog is called "Shaman's Notes" and you can find it here: <http://www.susannabellini.com>

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